



November 2024

Deals run Oct 23 - Nov 26



\$3.49

15 oz

**Farmer's Market
Organic
Pumpkin Pie Mix**



**Dandies
Vegan Marshmallows
(selected varieties)**

\$3.29

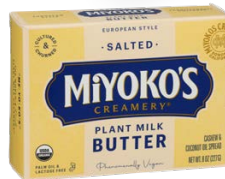
10 oz



\$4.29

8 oz

**Miyoko's
Organic Vegan
Cream Cheese
(selected varieties)**



\$4.79

8 oz

**Miyoko's
Organic Cultured
Vegan Butter**

**Chosen Foods
100% Pure
Avocado Oil**

\$4.79

250 ml



**Wholly Wholesome
Gluten Free
Pie Shells**

\$5.79

2 ct



**Alden's Organic
Organic
Ice Cream
(selected varieties)**

\$8.49

48 oz



**Muir Glen
Organic
Tomatoes
(selected varieties)**

2/\$5

28 oz



841 S Ponce de Leon Blvd, St Augustine, FL 32084

Deals run October 23 to November 26, 2024

Organic Valley
Organic
Shredded Cheese
(selected varieties)



\$3.99
6 oz



Brown Cow
Cream Top
Whole Milk Yogurt
(selected varieties)

\$3.79
32 oz



\$3.49 Follow Your Heart
Dairy-Free
Shredded
Parmesan
4 oz



\$4.29 Immaculate
Organic Flaky
Biscuits
16 oz

Califia Farms
Better Half
Creamer
(selected varieties)



\$2.99
16.9 oz

Bonafide Provisions
Organic
Bone Broth
(selected varieties)



\$7.49
24 oz

Bitchin' Sauce
Original
Bitchin' Sauce
(selected varieties)



\$4.99
8 oz

Rudi's Bakery Organic Bread
(selected varieties)



\$4.79
22 oz

Cascadian Farm Organic
Organic Potatoes
(selected varieties)

2/\$8
16 oz



Earth Balance
Organic Vegan
Whipped
Buttery Spread
(selected varieties)



\$4.29
13 oz



\$4.99 Kerrygold
Butter
(selected varieties)
8 oz

Bach
Rescue Pastilles
(selected varieties)



\$8.99
50 g

Plus hundreds of other Super Deals at

Serving Up Some Super Savings



**Late July
Organic
Tortilla Chips**
(selected varieties)

2/\$7
10.1 oz

**Good Health
Avocado Oil
Potato Chips**
(selected varieties)



\$3.29
5 oz

**Angie's
BoomChickaPop
Popcorn**
(selected varieties)



2/\$6
4.4-7 oz

**Back to Nature
Organic Crackers**
(selected varieties)

2/\$6
6 oz



**Vegan Rob's
Puffs**
(selected varieties)



\$3.29
3.5 oz

**Simple Mills
Almond Flour
Crackers**
(selected varieties)



\$3.79
4.25 oz

**Crunchmaster
Multi-Seed
Crackers**
(selected varieties)



2/\$7
4 oz



**Panda
Licorice**
(selected varieties)

2/\$6
7 oz

**Annie's
Organic
Graham Crackers**
selected varieties



2/\$8
14.4 oz

**Endangered Species
Chocolate Bar**
(selected varieties)



2/\$5
3 oz



\$4.79
13 oz
**Newman's Own
Sandwich
Cremes**
(selected varieties)



\$3.99
6.35 oz
**Tony's
Chocolonely
Chocolate Bar**
(selected varieties)

30% or MORE off of our Every Day Low Prices

Deals run October 23 to November 26, 2024

**Annie's
Organic
Mac & Cheese**
selected varieties

2/\$6
6 oz



**Daiya
Deluxe
Mac & Cheese**
(selected varieties)

\$3.79
10.6 oz



**Garden of Eatin'
Taco Shells**
(selected varieties)

\$3.49
5.5 oz



**Muir Glen
Organic Pasta Sauce**
(selected varieties)

2/\$7
23.5 oz

**Primal Kitchen
Dressing**
(selected varieties)

\$5.79
8 oz



**Maya Kaimal
Organic
Everyday Dal**
(selected varieties)

\$3.79
10 oz



**The Ginger People
Organic Pickled
Sushi Ginger**

\$4.49
6.7 oz



**Rishi Tea
Organic Tea**
(selected varieties)

\$6.99
15 ct



**Spectrum
Organic Shortening**
(selected varieties)

\$8.79
24 oz



**Simply Organic
Organic
Gravy Mix**
(selected varieties)

\$1.29
0.85 oz



**Yogi
Organic Tea**
(selected varieties)

\$3.79
16 ct



Plus hundreds of other Super Deals at

Serving Up Some Super Savings

Bob's Red Mill
1 to 1 Baking
Flour



\$4.49
22 oz

Bob's Red Mill
Organic Flour
(selected varieties)



\$6.79
5 lb

Bob's Red Mill
Baking Soda



\$2.79
16 oz

Pamela's
Pancake
& Baking Mix
(selected varieties)



\$7.29
24 oz

Jovial
Organic
Einkorn Flour
(selected varieties)



\$6.99
32 oz



PUMPKIN PATCH *chocolate* BARK

1 - 9 oz bag chocolate chips
2 teaspoons coconut oil
1/2 teaspoon cinnamon
1 teaspoon vanilla extract

Pumpkin spice or
vanilla marshmallows
Pumpkin seeds
Dried papaya, cut into pieces

Place the chocolate chips and coconut oil in a microwave safe bowl. Microwave in 30 second increments, stirring until melted. Add cinnamon and vanilla and mix well. Pour chocolate mixture onto a parchment lined baking sheet. Spread evenly, about 1/4 inch thick. Working quickly, sprinkle toppings onto the melted chocolate and press gently to stick. Place in freezer for 20 minutes, or until chocolate is set. Working quickly, use a fork to break up the chocolate into bite size pieces (don't use your fingers or it will melt). Store in freezer or enjoy right away!

Let's Do
Organic
Coconut Flakes



\$3.29
7 oz



\$5.99
9 oz
Lily's
Chocolate
Baking Chips
(selected varieties)

30% or MORE off of our Every Day Low Prices

Deals run October 23 to November 26, 2024

**SweetLeaf
Liquid Stevia**
(selected varieties)



\$7²⁹
2 oz

**Wholesome
Organic
Brown Sugar**
selected varieties



\$4⁷⁹
24 oz

**Gaia Herbs
Oil of Oregano**



\$18⁹⁹
60 ct

**Once Again
Organic Tahini**
(selected varieties)



\$7⁴⁹
16 oz

**Kettle & Fire
Broth**
(selected varieties)



\$3²⁹
32 oz

**Herbatint
Permanent
Hair Color Gel**
(selected varieties)



\$12⁹⁹
5.75 oz

**St. Dalfour
French Fruit Spread**
(selected varieties)



\$3⁹⁹
10 oz

**Pacific Foods
Organic Broth**
(selected varieties)



\$3⁷⁹
32 oz

**Lundberg Family Farms
Wild Blend Rice**



\$4⁹⁹
1 lb

**Cascadian Farm
Organic Cereal**
(selected varieties)



2/\$7
8.6-15 oz



\$2⁹⁹ Ancient Harvest
Organic Polenta
(selected varieties)
18 oz

**Purely Elizabeth
Organic Granola**
(selected varieties)



\$5²⁹
8-12 oz

**Lakewood
Organic Pure
Pomegranate Juice**



\$8⁶⁹
32 oz

**R.W. Knudsen
Organic
Tomato Juice**



2/\$7
32 oz



\$5⁷⁹ Zevia
Zero
Calorie Soda
(selected varieties)
6/12 oz

Plus hundreds of other Super Deals at

Serving Up Some Super Savings

RidgeCrest Herbsals
ClearLungs Extra
Strength



\$17.99

60 ct

Boiron
Chestal Honey
Cough Syrup



\$9.79

6.7 oz

Sovereign Silver
Bio-Active
Silver Hydrosol



\$12.99

2 oz

Garden of Life
Collagen Peptides



\$20.99

280 g

Vibrant Health
Green Vibrance



\$45.99

330 g

ChildLife
Essentials
Liquid Vitamin C



\$5.79

4 oz

Natural Factors
DGL 400 mg
Chewable



\$13.99

90 tab

Nordic Naturals
Ultimate Omega
D-3



\$22.99

60 ct

Bluebonnet
Nutrition
Liquid Calcium
Magnesium Citrate



\$15.99

16 oz

30% OFF
Terry
Naturally



20% OFF
HOST DEFENSE
Mushrooms



20% OFF
ANCIENT
NUTRITION



LOOK FOR THE ORANGE TAG!

OFFER GOOD NOV 1-30, 2024

30% or MORE off of our Every Day Low Prices



Where Lower Prices Come Naturally

**Biokleen
Bac-Out Stain & Odor
Remover**



\$8⁴⁹

32 oz

**Mrs. Meyer's
Clean Day
Liquid Dish Soap
(selected varieties)**



\$3⁹⁹

16 oz

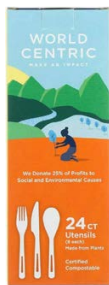
**Peter Rabbit Organics
Organic
Baby Food Pouch
(selected varieties)**



\$1⁷⁹

4-4.4 oz

**World Centric
Compostable
Assorted Cutlery**



\$1³⁹

24 ct



\$4⁷⁹ If You Care
100% Recycled
Aluminum Foil

50 sqft



\$4⁷⁹ If You Care
Parchment
Baking Paper

70 sqft

THE NEW YOU MIRACLE BAND

**CHANGE YOUR FREQUENCY
CHANGE YOUR LIFE!**

**PROTECTION FROM 5G
PAIN RELIEF THAT WORKS!**



ALLEVIATES
ARTHRITIS PAIN
FIBROMYALGIA
CARPAL TUNNEL
JOINT ACHES
BODY ACHES
SEASICKNESS
IMPROVES
STRENGTH AND BALANCE



*"If you could eliminate
certain outside
frequencies that
interfered in our body,
we would have greater
resistance toward
disease."*

NIKOLA TESLA



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