



# April 2024



Barnana  
Organic Plantain Chips  
(selected varieties)

**2/\$7**  
5 oz

**\$3.99**  
8 oz

Bitchin' Sauce  
(selected varieties)

GT's  
Organic Kombucha  
(selected varieties)

**2/\$5**  
16 oz



Late July  
Organic  
Tortilla Chips

**2/\$7**  
7.4-10.1 oz



**2/\$6**  
5.5-6 oz  
Amy's  
Burrito

Just Ice Tea  
Organic Ice Tea

**2/\$5**  
16 oz



Cascadian Farm Organic  
Organic  
Potatoes

**\$3.79**  
16 oz



Alexia  
Organic Fries

**\$4.49**  
15-16 oz



841 S Ponce de Leon Blvd, St Augustine, FL 32084

April 2024

**FOC'N'A™**

**GET YOUR DAILY DOSE  
OF CAFFEINE THE  
HEALTHY WAY**

**\$2.99**

Reg \$3.69  
limited time



**FOCUS 'N' ADRENALINE**

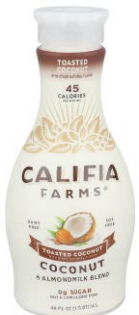
**Rudi's Bakery  
Organic  
Bread**

**\$4.79**  
22 oz



**Califia Farms  
Almondmilk**

**\$3.99**  
48 oz



**Hilary's  
Organic World's Best  
Veggie Burger**

**2/\$7**  
10 oz



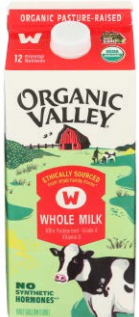
**Orgain  
Organic Vegan  
Nutritional Shake**

**\$2.79**  
11 oz



**Organic Valley  
Organic Milk  
(selected varieties)**

**\$4.99**  
64 oz



**So Delicious  
Salted Caramel Cluster  
Dairy-Free Frozen Dessert**



**\$4.79**  
16 oz

**Earth Balance  
Organic Vegan  
Whipped Buttery Spread**

**\$4.49**  
13 oz



**NUCO  
Organic  
Coconut Wraps  
(selected varieties)**

**\$5.99**  
2.47 oz



**Cocojune Organic Dairy-Free  
Coconut Yogurt  
(selected varieties)**



**\$1.99**  
4 oz

**Plus hundreds of other Super Deals at**



# Serving Up Some Super Savings

<p><b>Hu</b> Organic Chocolate Bar (selected varieties)</p> <p><b>\$3<sup>79</sup></b> 2.1 oz</p> 	<p><b>Lily's</b> Chocolate Bar (selected varieties)</p> <p><b>2/\$7</b> 2.8-3 oz</p> 	<p><b>Mavuno Harvest</b> Organic Dried Fruit (selected varieties)</p> <p><b>\$2<sup>79</sup></b> 2 oz</p> 
<p><b>Lenny &amp; Larry's</b> The Complete Cookie (selected varieties)</p> <p><b>\$1<sup>79</sup></b> 4 oz</p> 	<p><b>Go Raw</b> Organic Sprouted Seed Salad Toppers (selected varieties)</p> <p><b>\$3<sup>79</sup></b> 4 oz</p> 	<p><b>Spectrum</b> Organic Shortening</p> <p><b>\$8<sup>79</sup></b> 24 oz</p> 
<p><b>Annie's</b> Mac &amp; Cheese (selected varieties)</p> <p><b>2/\$3</b> 5.25-6 oz</p> 	<p><b>Annie's</b> Organic Bunny Crackers (selected varieties)</p> <p><b>2/\$6</b> 7.5 oz</p> 	<p><b>Annie's</b> Organic Graham Crackers (selected varieties)</p> <p><b>\$3<sup>79</sup></b> 14.4 oz</p> 
<p><b>Bragg</b> Organic Apple Cider Vinegar</p> <p><b>\$5<sup>99</sup></b> 32 oz</p> 	<p><b>Annie's</b> Organic Dressing (selected varieties)</p> <p><b>\$3<sup>99</sup></b> 8 oz</p> 	<p><b>Tasty Bite</b> Organic Indian Entrée</p> <p><b>\$3<sup>29</sup></b> 10 oz</p> 
<p><b>Angie's</b> BoomChickaPop Popcorn (selected varieties)</p> <p><b>\$2<sup>79</sup></b> 4.4-7 oz</p> 	<p><b>Quinn</b> Peanut Butter Filled Pretzel Nuggets</p> <p><b>\$4<sup>29</sup></b> 6.5-7 oz</p> 	<p><b>Hippeas</b> Veggie Straws (selected varieties)</p> <p><b>\$2<sup>79</sup></b> 3.75 oz</p> 

**30% or MORE off of our Every Day Low Prices**

# April 2024

Equal Exchange  
Organic  
Columbian Coffee



**\$10<sup>49</sup>**

12 oz

Organic India  
Organic Tulsi Tea  
(selected varieties)



**\$3<sup>79</sup>**

18 ct

Amy's  
Organic Lentil  
Vegetable  
Soup  
(selected varieties)



**\$4<sup>29</sup>**

14.5 oz

Four Sigmata  
Organic Balance  
Ashwaganda  
Coffee



**\$13<sup>99</sup>**

12 oz

Jovial  
Organic  
Einkorn Flour  
(selected varieties)



**\$6<sup>99</sup>**

32 oz

Milkadamia  
Macadamia Milk  
(selected varieties)



**\$4<sup>79</sup>**

32 oz

R.W. Knudsen  
Juice (selected varieties)



**2/\$7**

32 oz

Navitas  
Organic Cacao  
Powder



**\$6<sup>99</sup>**

8 oz

Edward & Sons  
Mashed Potatoes  
(selected varieties)



**\$2<sup>29</sup>**

3.5 oz

ROAR Organic  
Organic Vitamin Enhanced  
Beverage (selected varieties)



Good Good  
Jam  
(selected varieties)



**\$4<sup>49</sup>**

12 oz

Essentia  
Alkaline Water



**2/\$4**

1.5 lt

**\$1<sup>79</sup>**

18 oz

Olipop  
Sparkling Tonic  
(selected varieties)



**\$1<sup>79</sup>**

12 oz

Plus hundreds of other Super Deals at



# Serving Up Some Super Savings

Pacific Foods  
Organic Soup  
(selected varieties)

**\$4<sup>29</sup>**

32 oz



Pacific Foods  
Organic Soup  
(selected varieties)

**\$3<sup>29</sup>**

16.1 oz



Lundberg Family Farms  
Organic  
Rice Pouches  
(selected varieties)

**\$7<sup>99</sup>**

2 lb



Cascadian  
Farm Organic  
Organic Cereal  
(selected varieties)

**2/\$7**

8.6-14.6 oz



Bob's Red Mill  
Oat Bran  
Hot Cereal

**\$3<sup>29</sup>**

18 oz



Manitoba Harvest  
Organic  
Hemp Hearts



**\$11<sup>99</sup>**

12 oz

Laird Superfood  
Superfood  
Creamer  
(selected varieties)

**\$6<sup>79</sup>**

8 oz



**\$11<sup>99</sup>**

12 oz



**2/\$3**

Clif Bar  
(selected varieties)

2.4 oz

Glee Gum  
Chewing Gum  
(selected varieties)

**\$1<sup>09</sup>**

16 ct



**2/\$3**

KIND  
Nut Bar  
(selected varieties)

1.4 oz

GoMacro  
Organic  
MacroBar

**2/\$5**

2.4 oz



**30% or MORE off of our Every Day Low Prices**

# April 2024

**Gaia Herbs  
Turmeric  
Supreme  
Extra Strength**



**\$19<sup>99</sup>**  
60 ct

**Boiron  
Sinus Calm**



**\$10<sup>49</sup>**  
60 tab

**Flora  
Super 8 Hi-Potency  
Probiotic**



**\$18<sup>99</sup>**  
30 cap

**Garden of Life  
Vitamin Code  
RAW One  
for Women**



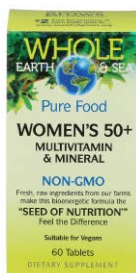
**\$31<sup>99</sup>**  
75 ct

**Bluebonnet Nutrition  
Liquid Calcium  
Magnesium  
& Vitamin D3**



**\$15<sup>99</sup>**  
16 oz

**Natural Factors  
Whole Earth & Sea™  
Women's 50+  
Multivitamin  
& Mineral**



**\$30<sup>99</sup>**  
60 tab

**Jarrow Formulas  
MK-7**



**\$20<sup>99</sup>**  
60 sgel

**Natural Vitality  
Calm Gummies**



**\$21<sup>99</sup>**  
120 ct

**Celebrate Earth Day With Us!  
Enjoy a Refreshing Green Drink**



**Organic!**

- **Lucky Smoothie**
- **Green Smoothie**
- **Joy Juice**

**Diane's  
Natural Cafe**

**NOW Foods  
Peppermint  
Essential Oil**



**\$6<sup>29</sup>**  
1 oz

**Plus hundreds of other Super Deals at**



# Serving Up Some Super Savings

EO  
Everyone Soap  
(selected varieties)



**\$8<sup>29</sup>**  
32 oz

Dr Tung's  
Dental Floss



**\$3<sup>79</sup>**  
30 yd

Desert Essence  
Toothpaste  
(selected varieties)



**\$5<sup>79</sup>**  
6.25 oz

Vital Proteins  
Collagen Peptides



**\$20<sup>99</sup>**  
10 oz

Solgar  
Gentle Iron



**\$7<sup>79</sup>**  
90 vcap

Solaray  
Higher  
Absorption  
Magnesium  
Glycinate



**\$13<sup>99</sup>**  
120 ct

Forces of Nature  
Organic  
Nail Fungus  
Control



**\$10<sup>49</sup>**  
5 ml



(4) Servings

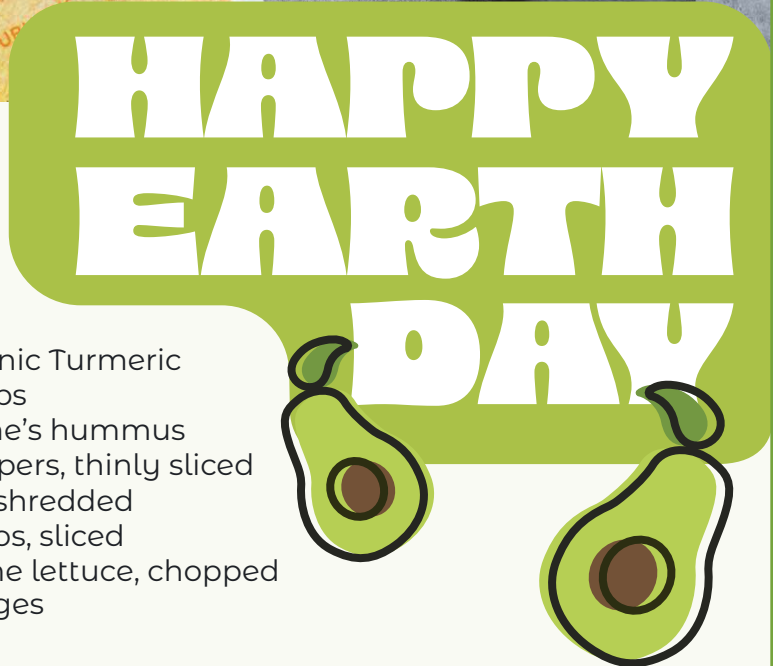
## Ingredients

- 4 NUCO Organic Turmeric Coconut Wraps
- 2 cups of Diane's hummus
- 2 red bell peppers, thinly sliced
- 1 cup carrots, shredded
- 2 ripe avocados, sliced
- 2 cups romaine lettuce, chopped
- 4 lemon wedges

## Directions:

Lay 1 Organic Turmeric Coconut Wrap in a diamond shape. Add hummus and spread on the farthest end of the wrap. Add romaine lettuce, bell pepper, avocado and carrots. Fold the bottom side of the wrap upward to hold all ingredients in place. Squeeze lemon wedges over the prepared wraps. Best served fresh. Enjoy!

**lucky you! We have everything you need at Diane's Natural Market!**



**30% or MORE off of our Every Day Low Prices**



## Where Lower Prices Come Naturally

**ECOS  
Laundry  
Detergent**  
(selected varieties)



**\$13<sup>99</sup>**

100 oz

**If You Care  
Parchment Baking Paper**



**\$4<sup>79</sup>**

70 sqft

**Dr. Bronner's  
Organic  
Castile  
Liquid Soap**  
(selected  
varieties)



**\$14<sup>99</sup>**

32 oz

**Ecover  
Dishwasher  
Tablet**  
(selected varieties)



**\$4<sup>79</sup>**

17.6 oz

**Mrs. Meyer's Clean Day  
Liquid Dish Soap**  
(selected varieties)



**2/\$8**

16 oz

## THE NEW YOU MIRACLE BAND

**CHANGE YOUR FREQUENCY  
CHANGE YOUR LIFE!**

**PROTECTION FROM 5G  
PAIN RELIEF THAT WORKS!**



**ALLEVIATES**  
ARTHRITIS PAIN  
FIBROMYALGIA  
CARPAL TUNNEL  
JOINT ACHES  
BODY ACHES  
SEASICKNESS  
**IMPROVES**  
STRENGTH AND BALANCE



*"If you could eliminate  
certain outside  
frequencies that  
interfered in our body,  
we would have greater  
resistance toward  
disease."*

NIKOLA TESLA



**CHECK OUT  
OUR WEBSITE**

**904.808.9978 • dianesnaturalmarket.com**