anes Natural Market 2023

Nov



Organic Brown Sugar

Farmer's Market Organic **Pumpkin Pie Mix**

Wholly Wholesome Organic Pie Shell

14 oz



10 oz

Dandies Vegan Marshmallows Earth Balance Organic Vegan Whipped

Buttery Spread

13 oz



Alden's Organic

Organic Ice Cream (selected varieties)



Lily's Chocolate **Baking Chips** **CADIA** Organic Cranberry Sauce



841 S Ponce de Leon Blvd, St Augustine, FL 32084

November 2023

Lundberg Family Farms Wild Blend Rice



Bob's Red Mill Arrowroot Starch



Bob's Red Mill Organic Flour

(selected varieties)



Spectrum Organic **Shortening**

24 oz





8 oz

Birch Benders Organic **Pancake** & Waffle Mix (selected varieties)

14-16 oz

Bob's Red Mill Almond Flour

Parchment Baking Paper

If You Care **Parchment Baking Paper** Dr. Bronner's Organic Coconut Oil

Chosen Foods Avocado Oil Spray

SweetLeaf Liquid Stevia (selected varieties)



Jovial Organic **Einkorn Flour** (selected varieties)



If You Care Aluminum Foil





COCONUTOIL





Serving Up Some Super Savings

Pamela's Gluten Free Pancake & Baking Mix

\$**7**99



Simply Organic Organic Ground Cinnamon

\$**4**29





\$579

Immaculate Organic Cinnamon Rolls



THANKSGIVING CHIMANAN ROLL CAKE

This cake is warm, comforting, and easier to make than you might think! Goo-ey cinnamon with a hint of pumpkin makes it perfect for a cozy, fall-inspired brunch!



WHAT YOU NEED

2 cans of Immaculate Cinnamon Rolls

1/4 cup Wholesome Organic Brown Sugar

2 Tablespoon Simply Organic Ground Cinnamon

1 can Farmer's Market Organic Pumpkin Pie Mix

1 box of Pamela's Classic Vanilla Cake Mix

2 sticks (1 cup) unsalted Myiokos Vegan Butter, softened

4 ounces Organic Valley Cream Cheese, softened

2 Tablespoons unsalted Myiokos Vegan Butter, softened

2/3 cup Wholesome Powdered Sugar

1 teaspoon pure vanilla extract

Chosen Foods Avocado Oil non-stick Spray
If You Care Aluminum Foil

HOW TO MAKE IT

Preheat oven 375°. Lightly spray a 13"x 9" inch baking pan with avocado oil spray or line the pan with parchment baking paper. Open 2 cans of Cinnamon Rolls and cut into large pieces with sissors into the baking pan. Arrange loosely to cover the bottom. Mix together the brown sugar and cinnamon. Sprinkle all over the dough. Spread the pumpkin pie mix over the cinnamon rolls. Layer the bag of vanilla cake mix evenly over the pumpkin pie mix. Dot the two sticks of softened butter liberally all over the cake mix and spread it evenly making sure to cover every inch of the top of the cake mix.

Cover with foil and bake 30 minutes. After 30 minutes, uncover and bake 10-15 minutes longer to brown the top. Remove and let cool for 10 min.

In a medium bowl beat the cream cheese on high speed until smooth and creamy. Add 2 Tablespoons softened butter and beat until smooth and combined. Beat in the confectioners' sugar and vanilla until combined.

Drizzle the cream cheese icing over the top. ENJOY!

30% or MORE off of our Every Day Low Prices

November 2023

Catalina Crunch **Keto Friendly** Cereal

(selected varieties)



Late July Organic Tortilla Chips

(selected varieties)

Crunchmaster Multi-Seed Crackers

(selected varieties)

4 oz

Theo Organic Chocolate Bar

(selected varieties)



CRUNCHMASTER

Pacific Foods Organic Broth

(selected varieties)

Once Again Nut Butter Organic Tahini

Pacific

Vegetable Broth

ST-ONO I NON-EN

TAHINI

(selected varieties)

16 oz

Vegan Rob's **Puffs**

(selected varieties)

3.5 oz

UNREAL Chocolate **Bars**

Panda Licorice (selected varieties)

St. Dalfour French Fruit Spread

(selected varieties)



10 oz

Back to Nature Crackers

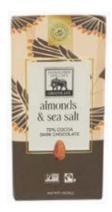
(selected varieties)



8.5 oz

Endangered Species Chocolate Bar

(selected varieties)



Serving Up Some Super Savings

Lakewood Organic Pure **Cranberry Juice**

PERE CRANDERSY

R.W. Knudsen Organic **Apple Juice**

AN KNUDG Apple

Goldthread **Plant Based Tonic**

(selected varieties)



Califia Farms

Almondmilk

Vita Coco **Coconut Water**



Zevia **Zero Calorie** Soda

ORGANICS



Yogi

Tea (selected varieties)



Peter Rabbit Organics Organic **Baby Food**

zevia

Pouch (selected varieties)

4-4.4 oz

Primal Kitchen **Dressing** (selected varieties)

Muir Glen Organic



DICEP

Eden Organic Beans

(selected varieties)





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November 2023



Green Valley Creamery Organic Lactose Free **Cream Cheese**



Rumiano Organic Cheese

SALTED

MiYOKO

BUTTER

(selected varieties)

Daiya **Dairy-Free** Cheese **Style Slices** (selected varieties)

7.8 oz



MOZZARELLA

Nuts for Cheese Organic Vegan Cheese

(selected varieties)



Miyoko's **Organic Cultured Vegan Butter**

8 oz

Miyoko's **Organic** Vegan Mozzarella

8 oz

Brown Cow Cream Top Whole Milk **Yogurt**



Bitchin' Sauce Sauce

(selected varieties)



Forager Project Organic Cashewmilk Yogurt

(selected varieties)





Organic Valley Organic **Shredded Cheese**

(selected varieties)



Organic Valley Organic **Cream Cheese**

8 oz



Organic Valley Organic Cream Cheese Spread

8 oz

Serving Up Some Super Savings

Cascadian Farm Organic Organic Potatoes

(selected varieties)



2/\$7

American Health Super Papaya Enzyme Plus Chewable

\$899

180 tab

Boiron Chestal Honey

\$899

ChildLife Essentials Liquid Vitamin C

\$5⁷⁹



Bonafide Provisions

Organic Bone Broth

\$**7**99



Rudi's Bakery Organic Bread

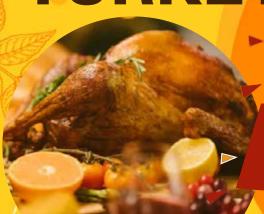
(selected varieties)

\$**4**79



Mary's Free Range

TURKEY



No Antibiotics Ever No Preservatives Fed a Vegetarian Diet No Added Hormones

\$5.99/lb

Garden of Life Collagen Peptides

\$3499

Solaray D-Mannose with CranActin

\$1999



D-Mannose

Bach Rescue Remedy Pastilles



2/\$13_{50 o}

30% or MORE off of our Every Day Low Prices



Where Lower Prices Come Naturally



Bluebonnet Nutrition Liquid Calcium Magnesium Citrate

Calcium Paralin Gra Rev Visual S Natural Factors DGL 400 mg Chewable



Mrs. Meyer's Clean Day Liquid Dish Soap

(selected varieties)



\$**14**79

RidgeCrest Herbals ClearLungs Extra Strength





Herbatint Permanent Hair Color Gel

(selected varieties)

\$1399



\$379

THE NEW YOU MIRACLE BAND

CHANGE YOUR FREQUENCY CHANGE YOUR LIFE!

PROTECTION FROM 5G
PAIN RELIEF THAT WORKS!



ALLEVIATES
ARTHRITIS PAIN
FIBROMYALGIA
CARPAL TUNNEL
JOINT ACHES
BODY ACHES
SEASICKNESS
IMPROVES

STRENGTH AND BALANCE

"If you could eliminate certain outside frequencies that interfered in our body, we would have greater resistance toward disease."

NIKOLA TESLA







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