



# May 2023



**Organic Valley  
Organic  
Shredded Cheese**  
(selected varieties)

**\$3<sup>99</sup>**  
6 oz



**Harmless Harvest  
Organic Coconut Water**  
(selected varieties)

**\$4<sup>29</sup>**  
16 oz

**Annie's  
Mac & Cheese**  
(selected varieties)



**2/\$6**  
6 oz

**Simple Mills  
Almond Flour  
Crackers**



**\$3<sup>79</sup>**  
4.25 oz

**Wild Planet  
Wild Albacore  
Tuna**



**\$3<sup>79</sup>**  
5 oz

**Forager Project  
Organic  
Cashewmilk  
Yogurt**  
(selected varieties)



**\$4<sup>99</sup>**  
24 oz



**\$5<sup>49</sup>**  
24 oz  
**Food For Life  
Organic  
Ezekiel 4:9  
Bread**  
(selected varieties)

**Bionaturae  
Organic  
Tomato Paste**



**\$2<sup>29</sup>**  
7 oz

**841 S Ponce de Leon Blvd, St Augustine, FL 32084**

# May 2023

**Dr. Bronner's  
Organic Coconut Oil**



**\$7<sup>79</sup>**  
14 oz

**California  
Olive Ranch  
Extra Virgin  
Olive Oil**  
(selected varieties)



**\$8<sup>49</sup>**  
16.9 oz

**Napa Valley Naturals  
Organic  
Extra Virgin  
Olive Oil**



**\$11<sup>99</sup>**  
25.4 oz

**Primal Kitchen  
Mayo with  
Avocado Oil**  
(selected varieties)



**\$7<sup>99</sup>**  
12 oz

**Absolutely Gluten Free  
Grain Free  
Flatbreads**



**\$3<sup>99</sup>**  
5.29 oz

**Explore Cuisine  
Organic  
Legume Pasta**  
(selected varieties)



**\$3<sup>79</sup>**  
8 oz



**\$3<sup>29</sup>** Ancient Harvest  
Organic Polenta  
(selected varieties)  
18 oz

**Bob's Red Mill  
Organic  
Whole Grain  
Farro**  
(selected varieties)



**\$5<sup>49</sup>**  
24 oz



**Siete  
Grain Free  
Tortillas**  
(selected varieties)

**\$6<sup>79</sup>**  
8 ct



**Siete  
Tortilla Chips**

**\$3<sup>99</sup>**  
5 oz



**Siete  
Grain Free  
Taco Shells**

**\$4<sup>29</sup>**  
5.5 oz



Siete is rooted in family.  
It is our mission to inspire  
inclusivity around the table  
by creating heritage-  
inspired foods made with  
real ingredients.



**GLUTEN  
FREE**

**Plus hundreds of other Super Deals at**



# Serving Up Some Super Savings

**Farmer's Market  
Organic  
Pumpkin**



**\$2<sup>99</sup>**  
15 oz

**Crofter's Organic  
Organic Premium  
Fruit Spread**

(selected varieties)



**\$4<sup>79</sup>**  
16.5 oz

**Catalina Crunch  
Keto Friendly Cereal**

(selected varieties)



**\$6<sup>49</sup>**  
8-9 oz



**\$3<sup>29</sup>**  
18-20 ct  
**Celestial  
Seasonings Tea**  
(selected varieties)

**GT's Cocoyo  
Organic  
Coconut Yogurt**

(selected varieties)



**\$4<sup>79</sup>**  
8 oz

**nutpods  
Dairy-Free  
Creamer**

(selected varieties)



**\$2<sup>79</sup>**  
11.2 oz



**\$3<sup>99</sup>**  
8-9 oz  
**Van's  
Waffles**  
(selected varieties)

**Rudi's Bakery  
Organic Bread**

(selected varieties)



**\$4<sup>79</sup>**  
22-24 oz

**GoodPop  
Frozen Pops**

(selected varieties)



**\$3<sup>99</sup>**  
10-14 oz

**Outer Aisle Gourmet  
Cauliflower  
Sandwich Thins**

(selected varieties)



**\$5<sup>29</sup>**  
6.75 oz



**\$4<sup>79</sup>**  
8 oz  
**Rumiano  
Organic  
Cheese**  
(selected varieties)

**Sweet Nothings  
Organic  
Smoothie Cup**

(selected varieties)



**\$2<sup>29</sup>**  
3.5 oz

**Cosmic Bliss  
Organic  
Dairy-Free  
Frozen Dessert**

(selected varieties)



**\$4<sup>79</sup>**  
14 oz

**30% or MORE off of our Every Day Low Prices**

# May 2023

**Terra Vegetable Chips**  
(selected varieties)



**\$3<sup>29</sup>**  
5-6 oz

**Stacy's Pita Chips**  
(selected varieties)



**\$3<sup>29</sup>**  
7.33 oz

**Late July Tortilla Chips**  
(selected varieties)



**2/\$7**  
7.5-7.8 oz

**Good Health Avocado Oil Potato Chips**  
(selected varieties)



**\$2<sup>99</sup>**  
5 oz

**Kettle Potato Chips**  
(selected varieties)



**2/\$6**  
5 oz

**Vegan Rob's Puffs**  
(selected varieties)



**\$2<sup>79</sup>**  
3.5 oz

**Dr. Schär Gluten Free Table Crackers**  
(selected varieties)



**\$4<sup>29</sup>**  
7.4 oz

**Crunchmaster Multi-Seed Crackers**  
(selected varieties)



**\$3<sup>29</sup>**  
4 oz

**From the Ground Up Crackers**  
(selected varieties)



**\$3<sup>29</sup>**  
3.5-4 oz



**99¢**  
2 oz  
**Nature's Bakery Whole Wheat Fig Bar**  
(selected varieties)



**\$3<sup>79</sup>**  
10 oz  
**Newman's Own Fig Newman's**  
(selected varieties)

**Mavuno Harvest Organic Dried Fruit**  
(selected varieties)



**\$2<sup>79</sup>**  
2 oz



**\$1<sup>79</sup>**  
1.6 oz  
**Raw Revolution Protein Bar**  
(selected varieties)



**5/\$5**  
1.6-1.7 oz  
**Larabar Fruit & Nut Bar**  
(selected varieties)



**2/\$5**  
2-2.4 oz  
**GoMacro Organic MacroBar**  
(selected varieties)

**Plus hundreds of other Super Deals at**



# Serving Up Some Super Savings

**Green & Black's  
Organic  
Chocolate Bar**  
(selected varieties)



**\$3.49**  
3.17 oz

**Chocolove  
Chocolate Bar**  
(selected varieties)



**2/\$5**  
2.9-3.1 oz

**Dr. Bronner's  
Organic  
Chocolate Bar**  
(selected varieties)



**\$3.79**  
2.9-3 oz

**Theo  
Organic  
Chocolate Bar**  
(selected varieties)



**\$2.79**  
3 oz

**Endangered  
Species  
Chocolate Bar**  
(selected varieties)



**2/\$6**  
3 oz

**Alkaline 88  
Water**



**\$3.99**  
1 gal

**Peter Rabbit Organics  
Organic  
Baby Food  
Pouch**



**\$1.99**  
4-4.4 oz

**Panda  
Licorice**  
(selected varieties)



**\$2.99**  
7 oz

**Clif Bar  
Energy Bar**  
(selected varieties)



**2/\$3**  
2.4 oz

## WHAT CAN ALKALINE 88 WATER DO FOR YOU?

Neutralizes the  
acidity of the body



Improves the body's  
absorption of  
essential nutrients



Cleans your cells  
from the inside out



A higher PH reduces  
the need for fat and  
cholesterol to protect  
from damaging acids



Improves your immune  
system function



Reduces cellular and  
DNA damage caused  
by free radicals



Increases blood oxygen  
levels to deliver more  
energy to the body



THE **ALKALINE**  
WATER CO.

**30% or MORE off of our Every Day Low Prices**

# May 2023

**Califia Farms  
Barista Blend  
Oatmilk**

(selected varieties)

**\$4<sup>99</sup>**  
32 oz



**The Mountain Valley  
Spring Water**

(selected varieties)

**\$1<sup>99</sup>**  
1 lt



**Santa Cruz Organic  
Organic  
Lemonade**

(selected varieties)

**\$2<sup>29</sup>**  
32 oz



**Essentia  
Alkaline Water**

(selected varieties)

**\$1<sup>79</sup>**  
1 lt



**evamor  
Natural Alkaline  
Artesian Water**

(selected varieties)

**\$1<sup>79</sup>**  
32 oz



**C2O  
Coconut Water**

(selected varieties)

**\$3<sup>49</sup>**  
33.8 oz



**R.W. Knudsen  
Organic Just Tart  
Cherry Juice**

(selected varieties)

**\$7<sup>29</sup>**  
32 oz



**Nixie Sparkling Water**  
**\$4<sup>99</sup>** Organic Sparkling Water  
(selected varieties)  
8 ct

**Lakewood  
Organic Pure  
Cranberry Juice**

(selected varieties)

**\$8<sup>99</sup>**  
32 oz



**LIME GINGER  
CUCUMBER MINT  
AGUA FRESCA**

- 2 CANS OF LIME GINGER NIXIE
- 4-5 SPRIGS OF MINT
- 3 CUCUMBERS, BLENDED
- 1 CUP OF WATER
- ICE
- MIX IT UP!



**RIOT Energy  
Organic  
Energy Drink**

(selected varieties)

**2/\$4**  
16 oz



**LIFEAID  
Beverages**

(selected varieties)

**\$2<sup>29</sup>**  
12 oz



**Plus hundreds of other Super Deals at**



# Serving Up Some Super Savings



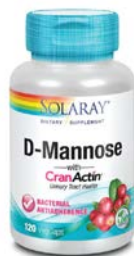
At Diane's Natural Market  
we proudly and responsibly  
source only the highest  
quality, third party tested  
herbs, vitamins, and  
supplements

**Vibrant Health  
Green Vibrance**



**\$49<sup>99</sup>**  
11.92 oz

**Solaray  
D-Mannose  
With CranActin**



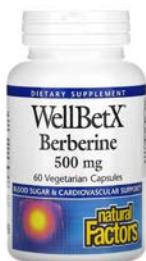
**\$19<sup>99</sup>**  
60 cap

**Solgar  
Gentle Iron**  
25 mg



**\$8<sup>99</sup>**  
90 vcap

**Natural Factors  
WellBetX Berberine**  
500 mg



**\$20<sup>99</sup>**  
60vcap

**ChildLife Essentials  
Liquid Vitamin C**



**\$5<sup>79</sup>**  
4 oz

**Garden of Life  
Raw Organic Protein Powder**



**\$37<sup>99</sup>**  
568-664 g

**Carlson  
Cod Liver Oil**



**\$39<sup>99</sup>**  
500 ml

**Aura Cacia  
Lavender  
Essential Oil**



**\$8<sup>49</sup>**  
.5 oz

**30% or MORE off of our Every Day Low Prices**



# Where Lower Prices Come Naturally



**Better Life  
All-Purpose Cleaner**  
(selected varieties)

**\$4<sup>79</sup>**

32 oz



**Badger  
Sport Mineral  
Sunscreen SPF 40**

**\$11<sup>99</sup>**

2.9 oz



**Badger  
Deet-Free  
Mosquito Repellent**

**\$8<sup>49</sup>**

4 oz



## **FRESH! HEALTHY! CLEAN!**

**FRESH SMOOTHIES  
FRESH JUICES  
COFFEE and TEA  
SANDWICHES  
SALADS  
SOUPS**

*Prepared fresh daily  
with Love!*



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