

Beverages

Hot or Iced Organic Coffee \$2.95
 Hot Tea \$1.95
 Hot Water 90¢

Organic Juices 12 oz \$6.95 • 16 oz \$8.95

All juices include up to 6 items. Add-ins after 6 included items are 95¢ each.

Classic Carrot

The Root

beet, carrot, ginger

The Pearrot

pear, carrot, apple

The Zinger

carrot, apple, ginger, lemon

The Hulk

celery, carrot, parsley, garlic

Joy Juice

apple, cucumber, celery, parsley, lemon, ginger

Anti-Inflammatory

carrot, kale, beet, apple, celery, cucumber, turmeric

12 oz Celery

when available - *market price*



Add-Ins 95¢

beet, celery, ginger, garlic, parsley, lemon, apple, pear, turmeric, kale

Wheatgrass Shots \$3.95

All of our menu items are made in the same kitchen. While we strive to prepare all orders in the exact manner requested, we thank you for understanding that we cannot guarantee that there will be no cross-contact between ingredients.

Prepared fresh daily, with love!

Regular Smoothies \$6.95

Basic

banana, two other fruits, choice of liquid

Peanut Butter Cup

banana, organic peanut butter, cacao powder, choice of liquid

Liquid Choices:

apple juice, almond milk, coconut milk, oat milk, water, or any combination of 2

Fruit Choices:

raspberry, strawberry, blueberry, mango, peach, apple, pineapple

Add-Ins & Supplements 95¢

cacao powder, chocolate syrup, coffee, peanut butter, almond butter, greens powder, spinach, kale, açai powder, yogurt, honey, bee pollen, vanilla protein powder

Premium Smoothies \$8.95

Açai

banana, blueberry, açai powder, vanilla protein powder, choice of liquid

Razzberry Buzz

raspberry, banana, bee pollen, honey, choice of liquid

Green Smoothie

strawberry, banana, vanilla protein powder, greens powder, choice of liquid

Creamsicle

banana, mango, orange extract, vanilla protein powder, choice of liquid

Mocha Java

banana, cold-brewed local coffee, cacao powder, chocolate syrup, choice of liquid

Lucky Smoothie

banana, spinach, peppermint extract, almond butter, honey, choice of liquid

Breakfast Smoothie

ceylon cinnamon, maca, apple, banana, sprouted oats, sea salt, almond butter, vanilla extract, honey, choice of liquid



The Cafe

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 St. Augustine, FL 32084

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dianesnaturalmarket.com



Fresh Salads & Homemade Soups

- V Garden Fresh Salad** \$7.95
greens, tomatoes, cucumbers, onions,
carrots, alfalfa sprouts, raisins, almonds,
sunflower seeds, choice of dressing

Dressing Choices:

ask about our rotating, seasonal options

*try your salad with a scoop of one of
our housemade deli-style salads!*

- Chicken Salad** add \$4.45
made with organic chicken, soy-free
veganise, almonds, dried cranberries,
celery, & lime juice

- Tuna Salad** add \$4.45
made with water-packed tongol tuna,
soy-free veganise, celery, & lemon juice

- Egg Salad** add \$3.45
made with farm fresh, cage-free eggs,
celery, soy-free veganise, & mustard

- V Tofu Salad** add \$3.45
made with organic tofu (soybean curd),
celery, carrots, veganise, & spices

- V Green Goddess Hummus** add \$3.45
housemade spread of garbanzo beans,
tahini, garlic, lemon juice, & seasonings

- Homemade Soup** \$6.25
all varieties made fresh daily & served
with crackers - see our chalkboard
for the ingredient list.

Sandwiches

Available on a variety of fresh, untoasted
breads, including sprouted & gluten-free
options, or a sprouted wrap. Dressed with
soy-free veganise & topped with alfalfa sprouts,
tomatoes, & onions. Served with tortilla chips.
Substitute veggie chips for an additional 70¢.

- Chicken Salad** \$9.25

- Tuna Salad** \$9.25

- Egg Salad** \$8.25

- 'wich Came First** \$9.25
half chicken salad & half egg salad

- Baked Falafel** \$9.25
falafel on a sprouted wrap, garnished with
hummus, lettuce, tomato, & onion,
dressed with goddess lite

- V Tofu Salad** \$8.25
a customer favorite!

- V Veggie Burger** \$8.25
a meatless grain & vegetable patty
served on a toasted, sprouted, sesame
seed bun, with cheddar or vegan cheese

- V Santa Fe Burger** \$9.25
veggie burger with cheddar or vegan
cheese & avocado, served with a
side of mild salsa

- V Avocado Sandwich** \$8.25
avocado, with one choice of
the following: hummus, tofu salad,
or cheddar or vegan cheese

- V Avocado Supreme** \$9.25
another customer favorite!
avocado, with cheddar or vegan cheese,
& choice of hummus or tofu salad

- V Green Goddess Hummus** \$8.25

- V Garden Sandwich** \$8.25
avocado, tomato, lettuce, onion, carrots,
cucumbers, alfalfa sprouts, goddess lite

Combos

Served with tortilla chips or crackers.
Substitute veggie chips for an additional 70¢.

- Half Sandwich & Soup** \$10.95
choice of chicken or tuna salad sandwich
with a bowl of soup

- Half Vegetarian Sandwich & Soup** \$9.95
choice of egg or tofu salad, hummus, or
avocado sandwich with a bowl of soup

- V Half Garden Fresh Salad & Soup** \$9.95
a half portion of our garden fresh salad
with a bowl of soup

- Half Garden Fresh Salad with Scoop** \$9.95
a half portion of our garden fresh salad
with a scoop of one of our
housemade deli-style salads

Add-Ons & Sides 95¢

Cheese

cheddar or vegan

Half Avocado

Dressing

Tortilla Chips

Salsa

Crackers

regular or gluten-free saltines

- Veggie Chips** \$1.75



For the Kids

- PB&J** \$4.95

- Grilled Cheese Sandwich** \$4.95
cheddar or vegan or both