



# September 2022



**Mary's  
Gone Crackers  
Organic Crackers**  
(selected varieties)

**\$3.99**  
5.5-6.5 oz



**Eden  
Organic Beans**  
(selected varieties)

**\$2.59**  
15 oz



**Cadia  
Organic Broth**  
(selected varieties)

**\$1.99**  
32 oz



**Muir Glen  
Organic Tomatoes**  
(selected varieties)

**5/\$5**  
14.5 oz



**Cascadian Farm  
Organic Potatoes**  
(selected varieties)

**2/\$6**  
16 oz



**Annie's  
Organic  
Mac & Cheese**  
(selected varieties)

**2/\$5**  
6 oz



**Organic Valley  
Organic Raw  
Cheese**  
(selected varieties)

**\$4.99**  
8 oz



**Food For Life  
Organic  
Ezekiel 4:9®  
Bread**  
(selected varieties)

**\$5.49**  
24 oz



**Hilary's  
Organic  
Veggie  
Burger**

**\$2.79**  
6.4 oz



**Harmless  
Harvest  
Organic  
Coconut Water**

**\$4.29**  
16 oz



**KeVita  
Organic  
Sparkling  
Probiotic Drink**  
(selected varieties)

**2/\$5**  
15.2 oz



**Goldthread  
Plant-Based  
Tonic**  
(selected varieties)

**\$3.29**  
12 oz



**841 S Ponce de Leon Blvd., St. Augustine, FL 32084**

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**LOTUS FOODS**  
RICE IS LIFE®

For 26 years we have reflected the mission to change how rice is grown on our planet. We look out for the farmers' well-being, protect our environment, and produce trustworthy, organic, gluten-free products that taste great.



**Lotus Foods Rice Ramen**  
(selected varieties)

**\$1.69**  
2.8 oz



**Lotus Foods Organic Rice Noodles**  
(selected varieties)

**\$3.29**  
8 oz



**Lotus Foods Rice Ramen Soup Cups**  
(selected varieties)

**\$2.19**  
2-2.05 oz



This school year, make lunch easier with Wild Planet's sustainably caught seafood. We selectively harvest our seafood in a way that respects our oceans. Taste the delicious, nutritious, and satisfying Wild Planet difference.



**Wild Planet Albacore Wild Tuna**  
(selected varieties)

**\$3.69**  
5 oz



**Wild Planet Wild Sardines**  
(selected varieties)

**2/\$4**  
4.4 oz

**Siete Tortilla Chips**  
(selected varieties)



**\$3.79**  
5 oz

**Late July Organic Tortilla Chips**  
(selected varieties)



**\$3.29**  
10.1 oz

**Terra Chips Sweet Potato Chips**  
(selected varieties)



**\$3.29**  
6 oz

**Theo Organic Chocolate Bar**  
(selected varieties)



**2/\$5**  
3 oz



**Tony's Chocolonely Chocolate Bar**  
(selected varieties)

**\$3.49**  
6.35 oz

**Chocolove Chocolate Bar**  
(selected varieties)



**2/\$5**  
3.1-3.2 oz



**Larabar Fruit & Nut Bar**  
(selected varieties)

**5/\$5**  
1.6-1.7 oz



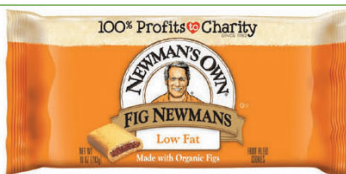
**Pur Gum**  
(selected varieties)

**\$1.29**  
9 pcs



**Luna Bar**  
(selected varieties)

**2/\$3**  
1.69 oz



**Newman's Own Fig Newmans**

**\$3.79**  
10 oz

**Outer Aisle Gourmet Cauliflower Pizza Crusts & Wraps**



**\$4.99**  
5 oz

**Navitas Organic Cacao Powder**



**\$6.79**  
8 oz



# Back-to-School Specials

Essentia  
Alkaline Water



**2/\$4**  
1.5 lt

Zevia  
Zero Calorie  
Soda  
(selected varieties)



**\$5.29**  
6 ct

Vita Coco  
Coconut Water  
(selected varieties)



**2/\$6**  
1 lt



Garden  
of Eatin'  
Taco Shells

**2/\$7**  
5.5 oz

San-J  
Cooking Sauce  
(selected varieties)



**\$2.99**  
10 oz

California  
Olive Ranch  
Extra Virgin  
Olive Oil  
(selected varieties)



**\$7.29**  
16.9 oz

Primal Kitchen  
Mayo with  
Avocado Oil



**\$7.79**  
12 oz

Bubbies  
Sauerkraut  
(selected varieties)



**\$6.29**  
25 oz



Kite Hill  
Cream Cheese  
(selected varieties) **\$5.79**  
8 oz



Bitchin' Sauce  
(selected varieties) **\$4.79**  
8 oz



Miso Master  
Organic  
White Miso **\$4.99**  
8 oz



Daiya  
Dairy-Free  
Slices **\$3.49**  
7.8 oz

Califia Farms  
Better Half  
Creamer  
(selected varieties)



**\$2.99**  
16.9 oz

Dr. Praeger's  
Veggie  
Burgers  
(selected  
varieties)



**\$4.29**  
8-10 oz



Tofurky Plant-Based  
Original  
Sausage  
(selected varieties) **\$4.99**  
14 oz



Beyond Meat  
Beyond Burger **\$4.79**  
8 oz

**EXTRA  
LARGE SIZE  
FOR SHARING!**

GT's  
Organic  
Multi-Serve  
Kombucha  
(selected  
varieties)



**\$6.79**  
48 oz



Bragg  
Liquid  
Aminos

**\$5.99**  
32 oz



Bragg  
Organic  
Apple Cider Vinegar  
Refreshers  
(selected varieties)

**\$2.79**  
16 oz



Bragg  
Organic Apple  
Cider Vinegar

**\$4.79**  
32 oz



Bragg is here,  
every day,  
backed by  
a century of  
time-tested  
wisdom,  
passionately  
focused on  
helping you  
eat better, feel  
better, and  
enjoy a more  
healthful and  
vibrant life.



# Where Good Health Comes Naturally



**Alden's Organic Ice Cream**  
(selected varieties)

**\$6.79**  
48 oz

**Cosmic Bliss Organic Dairy-Free Frozen Dessert**  
(selected varieties)



**\$5.29**  
14 oz



**Red Wine**  
(selected varieties)

**\$10.99**  
750 ml

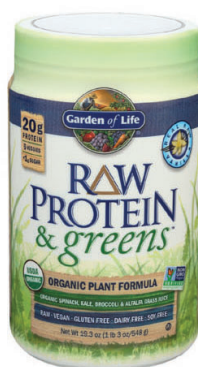


**Yerba Prima Psyllium Husks Powder**



**\$10.99**  
12 oz

**Garden of Life Organic Raw Protein & Greens**



**\$30.99**  
548 g

**Vibrant Health Green Vibrance**



**\$45.29**  
11.68 oz

**Plant Fusion Vanilla Protein Powder in Bulk**



**\$14.99**  
lb

**ChildLife Essentials Liquid Vitamin C**



**\$5.49**  
4 oz

**Mori-Nu Silken Tofu**  
(selected varieties)



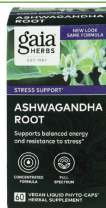
**\$1.59**  
11.5-12.3 oz

**Manitoba Harvest Organic Hemp Hearts**



**\$10.99**  
12 oz

**Gaia Herbs Ashwagandha Root**



**\$15.99**  
60 ct

**Better Life All-Purpose Cleaner**  
(selected varieties)



**\$3.79**  
32 oz



**Rumiano Organic Cheese Blocks**  
(selected varieties)

**\$4.99**  
8 oz

**Rumiano Organic Cheese Slices**  
(selected varieties)

(selected varieties)

**\$3.59**  
6 oz



**Himalaya Toothpaste**  
(selected varieties)

**\$4.49**  
5.29 oz

**Derma E Anti-Wrinkle Renewal Cream**



**\$15.49**  
4 oz

**904.808.9978 • dianesnaturalmarket.com**