

Now 2x monthly!

SAVE
UP TO

ON 100'S OF
SUPER DEALS

SUPER! DEALS!

Enjoy these amazing deals April 30 — May 13, 2025



The Good Crisp Company Potato Crisps

selected varieties

2/\$5



Larabar Fruit & Nut Bar

selected varieties

5/\$5

1.6-1.7 oz

Forager Project
Organic Cashew & Coconut
Dairy-Free Yogurt

selected varieties

\$479

24 oz



Harmless Harvest Organic Coconut Water

\$479

16 oz



More deals, more often means more savings!

Now 2x monthly!

Heritage Store Organic Castor Oil

\$1799

16 oz





Organic Valley Organic Shredded Cheese

selected varieties

\$399

6 oz



Three Trees Organic Almondmilk

selected varieties

\$549

28 oz



Perfect Bar Protein Bar

selected varieties

\$259

1.94-2.5 oz



poppi Prebiotic Soda

selected varieties

2/\$4

12 oz



GT's Alive Ancient Mushroom Elixir

selected varieties

2/\$6

16 oz

GoodPop Organic Dairy-Free Frozen Pops

selected varieties

\$399

4 ct



Bubbies Sauerkraut

selected varieties

\$699

25 oz



Canyon Bakehouse Gluten Free Bread

selected varieties

\$549

18 oz



Serving Up Some Super \$avings!

Stacy's **Pita Chips**

selected varieties

7.33 oz



Vegan Rob's **Puffs**

selected varieties

3.5 oz





SCORO

Late July Tortilla Chips

selected varieties

7.8 oz



Kettle Cooked Potato Chips

selected varieties

Dr. Bronner's Organic **Chocolate Bar**

selected varieties

2.93-3 oz



Solely **Organic Fruit Jerky**

selected varieties

0.8 oz



Nick's Sticks Snack Sticks

selected varieties

1.7 oz







YOUR GO-TO SPOT FOR HEALTHY GOOD'NESS IN ST AUGUSTINE



Chocolove Chocolate Bar

selected varieties

2/\$6

2.9-3.2 oz

Gimme Health Foods Organic Roasted Seaweed Snacks

selected varieties

\$79

0.32-0.35 oz







Panda Licorice

selected varieties

\$329

7 oz



The ground up

CAULIFLOWER
CHEDDAR
CRACKERS

CRACKERS

CLAWOR
BAKED IN

CRACKERS

CRACKER

From The Ground Up Cauliflower Crackers

selected varieties

\$**3**79

4 oz

Absolutely Gluten Free Flatbread

selected varieties

\$**3**79

5.29 oz



Mary's Gone Crackers
Organic Crackers

selected varieties

\$329

5 oz





DON'T FORGET ABOUT MOM!



Fresh flowers to brighten your Mother's Day!

Serving Up Some Super \$avings!

Crunchmaster Multi-Seed Gluten Free Crackers

selected varieties

\$329

4 oz



Annie's
Organic Mac & Cheese
selected varieties

2/\$6







Siete Seasoning Packet

selected varieties

2/\$4

HOMEMADE

Fresh Cut Flower

FOOD RECIPE

1 quart warm water

2 TABLESPOONS CANE SUGAR

2 TABLESPOONS LEMON JUICE OR

1 TABLESPOON WHITE VINEGAR

1 COMBINE ALL INGREDIENTS IN A PITCHER AND STIR UNTIL DISSOLVED.

2 FILL A CLEAN VASE WITH MIXTURE.

3 Cut flower stems and arrange in vase.

4 FOR THE LONGEST LASTING BLOOMS, REFRESH EVERY 3 DAYS.
KEEP BOUQUET OUT OF DIRECT SUNLIGHT.



Lotus Foods Rice Ramen

selected varieties

\$169

2.8 oz



Rao's Pasta Sauce selected varieties

\$699

24 oz





California Olive Ranch Extra Virgin Olive Oil

selected varieties

\$1399

16.9 oz

MadeGood Organic Crispy Squares

selected varieties

\$279

6 ct





\$229

1.74 oz





Nature's Path Organic Mesa Sunrise

selected varieties

\$799

23-26.4 oz



Nature's Path Organic Oatmeal

selected varieties

\$399

8 pkt



18 oz

Ancient Harvest
Organic Polenta
selected varieties

Catalina Crunch Keto Friendly Cereal

selected varieties

\$649

8-9 oz



DIANESNATURALMARKET

Crofter's Organic Organic Premium Fruit Spread

selected varieties

\$479

16.5 oz



SunButter Sunflower Butter

selected varieties

\$549

16 oz



Serving Up Some Super \$avings!

Chocolate Chia Seed Pudding

Ingredients

1 cup milk
½ cup plain yogurt
1 teaspoon vanilla extract
¼ cup chia seeds
2–4 tablespoons agave syrup
3 tablespoons cacoa powder, sifted
1 teaspoon mushroom powder
Pinch of salt
Shaved chocolate, for garnish
Sliced almonds, for garnish
Raspberries, for garnish

Steps

Whisk together all ingredients through salt in a mixing bowl until smooth. Adjust sweetness to taste and place in the refrigerator for 2–4 hours to thicken.

Spoon pudding into serving dishes and garnish with shaved chocolate, sliced almonds, and raspberries.



R.W. Knudsen Morning Blend Juice

\$349

32 oz



Vita Coco Coconut Water

selected varieties

\$379

1 lt



The Mountain Valley Spring Water

\$229

1 I+



Nuun Sport Hydration Tablets

selected varieties

\$499

10 ct



Waterloo Sparkling Water

selected varieties

\$529

12/12 oz



Serenity Kids Organic Baby Food Pouch

selected varieties

3/\$6

3.5 oz



Aura Cacia Lavender Essential Oil

\$899

0.5 oz



Andalou Naturals Shampoo or Conditioner

selected varieties

\$679

11.5 oz



Natural Factors WellBetX® Berberine 1000 mg

\$2099

60 vcap



Garden of Life
Dr. Formulated Probiotics
Once Daily Women's

\$2899

30 vcap









ENJOY SAVINGS ON THESE BRANDS MAY 1 - 31

Om Mushrooms Organic Lion's Mane

\$1699

100 g



ChildLife Liquid Multi Vitamin & Mineral

\$1099

8 oz



Vibrant Health Green Vibrance

\$4599

330 g



Carlson
Cod Liver Oil

\$3899

500 ml





Vital Planet Organic Gut Renew

\$2899

195 g



Look for new deals on MAY 14